



The Lacrosse Foundation celebrates its fifth anniversary in September. During that time, we have approved more than 100 grants, and distributed over £380,000 to help the growth of lacrosse in Great Britain.

Despite being five years old, not everyone involved in lacrosse in Great Britain understands what we do:

- what purposes we can (and cannot) provide grants for;
- what geographic areas & age groups we cover;
- what type of applicants we can (and cannot) support.

We need your help to:

1) Spread the word about TLF at your club, by word of mouth or by sharing this email;

AND

2) Apply for one of our Volunteer or Trustee Volunteer roles.

TLF is:

- the **only charity** dedicated to the growth of lacrosse **across Great Britain**
- **independent** of all National Governing Bodies (i.e. NOT part of England Lacrosse, Lacrosse Scotland, Wales Lacrosse or GB Lacrosse)
- run by a **small group of Trustees** - in compliance with Charity Commission guidelines.

TLF can:

- provide **grants to youth and grass-roots** lacrosse projects - it does NOT grant funds for 'elite level' lacrosse e.g. senior national teams
- support **schools, clubs, universities, organisations** & NGBs (but only in exceptional circumstances to individuals)
- only approve grants for **purposes that are consistent with the mission of TLF**
- *[Grants are most commonly provided for playing equipment, cost of junior coaching, CPD training for sports leaders].*

TLF was originally created in 2017 to manage a **legacy of over £900k**, that was left in the Will of former lacrosse player **Roger Okill** (of Old Sedcopians LC, SEMLA, and Centurion LC). These funds were left by Roger to further the development of lacrosse throughout Great Britain.

Click [here](#) to see more details of our grant criteria.

•Your chance to help TLF:

We are looking for a volunteer to help us create content for our social media, website, and newsletter. Do you have experience of creating content on social media & other digital channels?

- Are you an effective communicator both verbally and in writing?
- Are you willing to volunteer a small amount of time to help us grow the game of lacrosse?

If so, it would be great to have you join us at The Lacrosse Foundation - bringing your enthusiasm & creative skills to help support our Comms team.

OR if you know someone at your lacrosse club who might be suitable, please share this email with them

Click [here](#) to see more details of the role, and what it might involve.

If you are able to help us, please email comms@thelacrossefoundation.co.uk with some information about yourself and what you think you could bring to this role, and we'll be in touch.

Opportunities to become a TLF Trustee Volunteer

TLF are also looking for [two new Trustees](#) to fill the following roles of:

Treasurer

- to help administer our accounts, manage payments, & help with financial plans.

Deputy Chair

- to support the planning of board meetings, leadership to the board, & with succession planning.

Please click on the above links to find out more about each role. If you are interested in joining TLF to help us further the development of lacrosse, please contact us at: info@thelacrossefoundation.co.uk

If you have a project that will grow the game of lacrosse in Great Britain, then **The Lacrosse Foundation may be able to support it.**

To find out more, [check out our website](#) to understand our [aims & objectives](#), as well as additional detail in our [Grants criteria section](#)., and some of the [Recent grants](#) we have approved